



# Safer Internet Day Conversation Starters

## Discover the digital world together safely

Today is the day for parents, carers and grandparents to talk to children and young people about what they are doing online and if they know how to stay safe.

### What is a good starting point?

#### A See our Safer Internet Day conversation starter ideas for parents:

- 1 Ask your children to tell you about what sites they visit and what they enjoy doing online.
- 2 Ask them about how they stay safe online and what tips they have for you! What is OK and not OK to share online?
- 3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- 4 Ask them for help or whether they can show you how to do something better online.
- 5 Think about how you as a family use the internet? Could you be using it more safely, should you change what you are doing? What could you be doing together?

#### B Why not talk through one of these scenarios? What would you do? How would you answer?

- » "A friend of yours has met someone online and wants to meet them. What advice do you give them and why?"
- » "Tell your child that their Grandparent or older relative has received an email about a special offer to buy something online and wants your help to pay online. What advice do you give them?"

#### C Some activities you could undertake together:

Take the **Internet Safety IQ Test** and find out your score. Who's got the most to learn in your family or are you all safety savvy?

For younger children, talk with your child about what they enjoy doing online, print out a template digital footprint and think together about the great sites you visit online, writing or drawing these on your footprint. Remember you potentially leave a mark on every website you visit – discuss what your footprints say about you.

[www.saferinternet.org.uk/downloads/resources/SID2012/primary/Digital\\_Footprint\\_Resource.pdf](http://www.saferinternet.org.uk/downloads/resources/SID2012/primary/Digital_Footprint_Resource.pdf)

Use the helping hand activity to think about who you would go to for help online, or who you could offer help to.

[www.saferinternet.org.uk/downloads/resources/SID2012/primary/5\\_Quick\\_Classroom\\_Activities.pdf](http://www.saferinternet.org.uk/downloads/resources/SID2012/primary/5_Quick_Classroom_Activities.pdf)

Discuss together about how you could use services positively as a family, such as Skyping grandparents together. Make a list of new things you could try as a family.

Follow up: Check out the Childnet Family Agreement and think about what your 'rules' are for using the internet, mobile phones, games consoles and other devices like the iPod Touch or iPad: [www.digizen.org/digicentral/family-agreement.aspx](http://www.digizen.org/digicentral/family-agreement.aspx)