



Nurture · Inspire · Flourish · Pray



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Newsletter 4 March 2019

Dear Parents, Carers and Friends

What a busy return after the February holiday. This is always a jam packed term, but I find myself thinking that about every term at the moment! It is also time when we look beyond ourselves in school and strive to consider others, particularly during Lent, which begins with our Ash Wednesday Mass on 6th March, from 9.45am at St Mary Magdalene's; led by pupils in P5.

Over the past few years we have mounted our main charity fundraising campaign at this time of year, with class enterprise activities. A small change this year: the main focus is working together and our programme of events during Lent is outlined below, we hope you can support some of these.

We are also taking part in the **40acts** generosity challenge which begins on Ash Wednesday and finishes on Easter Sunday (we've actually started already as we won't be in school for Easter.) The idea is simple, as a whole school during Lent instead of giving something up, we aim to give

something back. The calendar below links to the challenges – ask your child to talk to you about what they are doing in class each day.

LENTEN FUNDRAISERS

Week Beginning Mon, 4th March:



Fairtrade Fortnight

P6 are holding a Fairtrade tuckshop each week during Lent, tomorrow they will be selling Fairtrade Chocolate (as it is the final day before Lent begins and cocoa is the Fairtrade Foundation's focus this year), thereafter, healthy Fairtrade snacks only! £1 will enable support for Fairtrade Farmers and buy you a snack.

Thursday 7th March: World Book Day

Our Pupil Council didn't want us to miss out on World Book Day (we celebrate Scottish book week in November) so they have organised a **pyjama day**. Come to school in your PJ's, nightie, onesie or leisure wear on Thurs and ****bring a book**** as a donation to the new library stock - **MORE INFORMATION BELOW**

Week Beginning Mon, 11th March:

Wee Box Focus - each class has a SCIAF wee box, we would welcome loose change to fill them up, any you find in pockets, down the side of the sofa or in the washing machine, please can you send in to class

Tuesday, 12th March: Fairtrade Tuckshop

Friday 15th March: **Red Nose Day** Bring a donation to wear **Red**.

Week Beginning Mon, 18th March:

Tuesday, 19th March: Fairtrade Tuckshop

Friday 22nd March: **Crazy Sock Day** bring a donation to wear odd socks, spotty socks, striped socks, long socks...

Week Beginning Mon, 25th March:

Tuesday, 26th March: Fairtrade Tuckshop, also **OPEN DURING PARENTAL CONSULTATIONS TOO, WED 27TH AND FRI 29TH**

Friday 29TH March: **KINDNESS DAY: FOCUS ON BEING THE KIND KID**

Week Beginning Mon, 1st April:

Tuesday, 2nd April: Fairtrade Tuckshop

Thursday, 4th Apr: Fun Run/Easter Egg Hunt

Friday 5th Apr: Bake for Syria - more info to follow

Update

The school library project team continue to be very busy, cataloguing, stamping, covering and now scanning books onto the library system. I know they very much welcome additional support, if you are free to volunteer, please do get in touch.

The pupil council are keen to support their adult equivalent and have organised a breakfast/bedtime story day for **World Book Day** on **Thursday** of this week. Instead of a monetary donation pupils can come to school in pyjamas, nighties, onesies or leisure wear and donate a book for the library. Our last donation week in November was fantastic and as a result, see list below of what is needed and what we now have enough of:

- **No more** Picture Books please.
 - **No more** Beast Quest please.
 - **No more** Horrid Henry please.
 - **No more** Enid Blyton please.
 - **No more** Horrible Histories please.
 - **No adult books** please.
- 
- **More annuals please** – *Beano, Dandy, Lego, Minecraft,*
 - **Comic book compilations and graphic novels** please (Calvin and Hobbes, Snoopy, Tintin, Asterix and Obelix etc.).
 - **Comic Back Issues** of *Beano, Dandy, NG Kids, Phoenix, Marvel* stuff, DC comics, *Oor Willie, Broons, Lego* magazines also very welcome.
 - **Factual Books** very welcome (Ripley's, books about space, cars, planes, dinosaurs, sharks, animals, interesting/ gruesome facts, *Horrible Science* and *Geography, sport, football, hobbies like craft, cooking* etc.)



Live Lent Generously



40 days, 40 reflections, 40 challenges to make a difference.

Here is the calendar of challenges pupils will attempt each day in class or at home. They are split into different categories.

Key:

Thumbs Up: Gratitude

Globe: Care for the environment

Present: Giving

Friends: School community

Star: Kindness

Heart: New friends

Tick: Doing the right thing

| Challenge card summary | | | | | | | | |
|------------------------|----|---|--------------------------|--------|------------------|----------|-------------|-----------------------|
| Categories: | | Gratitude | Care for the environment | Living | School community | Kindness | New friends | Doing the right thing |
| 1 | 👍 | Write or draw a list of 10 things you are grateful for | | | | | | |
| 2 | 🌍 | Sit next to someone you don't normally sit with at lunchtime | | | | | | |
| 3 | 📦 | Have a book swap in your class | | | | | | |
| 4 | ★ | Let people go ahead of you all day | | | | | | |
| 5 | ★ | Offer to carry someone else's bag into school | | | | | | |
| 6 | 📄 | Start a scrap paper pile for drawing to save paper | | | | | | |
| 7 | ★ | Leave an encouraging note for someone | | | | | | |
| 8 | 👥 | Clear up after someone else's lunch | | | | | | |
| 9 | 👍 | Write a thank you note to the lunchtime or reception staff | | | | | | |
| 10 | 🚗 | Walk to school or park your car further away | | | | | | |
| 11 | ★ | Ask your grown-up about their day on your way home or at teatime | | | | | | |
| 12 | ❤️ | Find out the names of three people you haven't met before in school | | | | | | |
| 13 | 📄 | Letter pick around the school | | | | | | |
| 14 | ★ | Leave your grown-up a surprise note or picture before you leave for school | | | | | | |
| 15 | ★ | Try to chat to someone you haven't spoken to in a while | | | | | | |
| 16 | 📦 | Bring in a donation for the local foodbank from your cupboard at home | | | | | | |
| 17 | 👍 | Say thank you to your teacher for teaching you | | | | | | |
| 18 | ✔️ | Congratulate others when they do well | | | | | | |
| 19 | 👥 | Help return lost property to the right owner | | | | | | |
| 20 | 👥 | Leave the classroom as tidy and clean as you can | | | | | | |
| 21 | 👥 | Make a class introduction pack in case anyone new starts during the year or for next year's class | | | | | | |
| 22 | ★ | Give somebody a nice compliment | | | | | | |
| 23 | ✔️ | Be the first to say sorry | | | | | | |
| 24 | ★ | Try to find out about what life is like for children in a poorer country | | | | | | |
| 25 | ✔️ | Be brave by trying something you find hard | | | | | | |
| 26 | ★ | Hold the door open for someone | | | | | | |
| 27 | ★ | Say a nice thing about someone to somebody else | | | | | | |
| 28 | 🌍 | Save energy by turning off the lights when you leave a room | | | | | | |
| 29 | ✔️ | Follow instructions without complaining | | | | | | |
| 30 | 👍 | Say thank you to someone in your class | | | | | | |
| 31 | ✔️ | Don't interrupt, listen carefully instead | | | | | | |
| 32 | ❤️ | Invite somebody new to join in with your game | | | | | | |
| 33 | 📄 | Try to avoid using any plastic that you throw in the bin, like straws | | | | | | |
| 34 | ❤️ | Play with a child from another year group | | | | | | |
| 35 | 📦 | Find out how your class could help a local charity | | | | | | |
| 36 | ❤️ | Find out something new about somebody | | | | | | |
| 37 | 📦 | Give someone a nice surprise | | | | | | |
| 38 | 👍 | Talk to people in your class about their favourite thing about school | | | | | | |
| 39 | 👥 | Ask how you can help out at school | | | | | | |
| 40 | 👥 | Make posters about your school values to display | | | | | | |

ACHIEVEMENT



News just in: P6&7 pupils attended the Cross Country Festival at the Meadows this morning to great success:

Bertie in P6 won the overall race, with Liam close behind in 3rd. Neve in P7 finished in 7th and Ben from P7 was 9th. A great number of our other pupils were placed in the Top 20. Mrs Williams and Mrs Angus who accompanied the pupils praised them, not only for their

success but the manner in which they supported one another and for their behaviour out of school. Thanks to Mrs McIntyre our PE specialist too and to the parents who helped out on the day.



Earth Hour

The ECO entered a competition they had to a promise in support of Hour. Oona P4 was a winner and Friday



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PIC-COLLAGE

morning on a photo shoot in Princes Street, where her winning poster was projected on to an interactive bus shelter and will be seen across town in the lead up to Earth Hour at the end of the month. She also won a year's sponsorship of Snow Leopard for her class via WWF Scotland. Her promise was KILL PLASTICS NOT OUR WHALES! What a wonderful achievement.

P6 Footballers narrowly missed out on getting through to the next round of the Scottish Cup. Although unbeaten they went out on

goals scored but did raise £303 for STV Charity with their recent no uniform day. Thanks to all for supporting.

Congratulations to Mr and Mrs Williamson!

I am delighted to Arlo Peter Williamson is doing very well P7B and staff cannot new Williamson family



announce the safe arrival of on Tuesday 12th February. Arlo indeed, as is her Mum and Dad. wait to meet him and wish the lots of love and best wishes.



Spotlight on Improvement Building Resilience

Our next Resilience Unit is **GET ACTIVE**

The main focus of this unit is on building understanding of how keeping physically active can also help to contribute to our mental health.

Our key message for this unit are:

1. **Being active is not only good for the body but also for the mind**
2. **I have a range of hobbies and interests that I enjoy doing**
3. **Doing anything new involves taking a risk**

The Parent Leaflet will be sent out by the end of this week.

And finally: Good luck to all our P3's who will make the Sacrament of First Reconciliation this evening in St John's Church. Our prayers are with them and their families.